



**Leonardo da Vinci Programme**  
15th Anniversary

**PHYSIOTHERAPY & NEW**  
**TECHNOLOGIES**

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Having in mind all the problems the persons with disabilities have, facing the necessity of a good physiotherapy for a long period in their life, our organization ESFC with a group of physiotherapists decided to give the opportunity to everybody who is professionally connected with the field of physiotherapy, to be informed on the new technologies and their application in Europe.

We got in touch with TOSKANA WORLD GmbH, a German organization connected with our main subject. They are going to be our partner and hosting organization for our project in Germany.

So having our hosting organization and with the great help of the personnel of the Cyprus National point of the Leonardo da Vinci Programme, we successfully applied to the Leonardo da Vinci Programme and we send ten persons for ten days, in this vocational training course, last August.

The wanted added value in this project was focused on three points:

1. To bring the professionals in touch with the new technologies regarding physiotherapy.
2. To realize new management methods.
3. To promote the E.U. Citizenship for the Cypriot physiotherapists, by visiting Germany for ten days.

Following a very heavy training programme, the participants covered a lot of professional options in physiotherapy like:

- The Kneipp Therapy
- Hydrotherapy
- Connective Deep Tissue Massage
- Analysis of posture and Walk (Walking and running/gait analysis)

They came in touch with ways & methods, instruments and medical machines of the modern German medical industry.

At the same time they had the opportunity to express their ideas and opinions in a lot of subjects of the therapeutical procedures in open dialogs with the trainers.

One of the many results we had is the expressed willingness by the participants to give a continuation to the project in two levels:

- By giving the opportunity to more professionals to participate in such projects
- And by going in a new more specialized project for persons with heavy disabilities

